



When to Wash Your Hands

- * Before you start working**
- * After using the restroom**
- * After blowing your nose or sneezing**
- * After touching sores or bandages**
- * After eating or smoking**
- * After handling garbage**
- * After handling dirty dishes**
- * Between handling raw and cooked foods**
- * Before handling clean utensils, dishes, or single service items**
- * After touching your face or hair**
- * After any absence from the work station**
- * Prior to and after using gloves in food preparation**