COVID-19 Quarantine Options Timeline

Day 0
Exposure to a positive case.

Day 6
Eligible for COVID-19 test on Day 6 or later.
Testing earlier does not shorten minimum quarantine of 7 days

Day 7*
Last day of quarantine if no symptoms & a negative test
5-12% risk of COVID-19 transmission after quarantine

Day 10
Last day of quarantine if no symptoms & no test***
1-10% risk of COVID-19 transmission after quarantine

Day 14
Last day of quarantine if no symptoms & no test.
This is the safest option

Continue to monitor your symptoms, wash your hands, watch your distance, & wear your mask.

*With a negative test result
**Released on Day 8
***Released on Day 11

Questions? Call us at 715-261-1900.